# teknion around synchro-tilt task chair & stool adjustment features & instructions

## **RECLINING TENSION OVERRIDE**



While the weight -balancing mechanism automatically adjusts the tilt -tension to each user, an override grip is located below the seat on the right hand side to enable modification to suit user preference. To fine tune the tilt tension, simply rotate the grip forward to tighten and backwards to loosen.





Turning the grip found under the left side of the seat backwards limits the back tilt travel and locks the back when it's rotated fully forward. Travel is limited on 4 positions with back lock in the upright position.



TILT-LOCK AND LIMITER

## ARM WIDTH, DEPTH AND PIVOT ADJUSTMENT

ARM HEIGHT ADJUSTMENT



To adjust the width of the 2D and 4D arms, grab the arm pad on both sides and push to the left or to the right to the desired position. For the 4D arm option, simultaneously pivot the arm pad inward or outward to the desired angle. Arm pad depth can be controlled by grabbing the pad and sliding it forward or backward.









## SEAT HEIGHT ADJUSTMENT



To adjust the height adjustable arm height, press the button below either arm rest to raise or lower it to the desired position.

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Seat height can be adjusted by pulling up on the lever below the seat on the right hand side. When this lever is pulled, the weight of the body will cause the seat to lower, and releasing it stops the seat at the desired height. Pulling up on the lever with no weight on the seat allows it to rise.





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## LUMBAR SUPPORT HEIGHT ADJUSTMENT (UPHOLSTERED)

While sitting in the chair, put arms behind back to grab each individual lumbar control knob, slide each element up or down to match your physical requirements, even for asymmetrical positioning



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While sitting in the chair, put arms behind back to grab the lumbar control knobs on both sides of lumbar element, slide lumbar up or down to match your physical requirements



LUMBAR SUPPORT HEIGHT ADJUSTMENT (MESH)

FOOTRING ADJUSTMENT(STOOL)

## SEAT DEPTH ADJUSTMENT



To adjust the seat depth, pull outward on the lever below the seat on the left-hand side and simultaneously lift your weight from the seat while sliding the seat forward. Seat depth reduction is assisted by a spring-loaded motion. For either direction, release button to lock the seat in place.





To raise or lower the stool's foot ring, turn the foot ring's knob counter-clockwise to release the foot ring and adjust the ring until you reach desired level. Turn the knob clockwise to lock in place.



## **Warning**

Tipping or collapsing can result in serious injury. To prevent product failure and possible injury:

- This chair has been designed and tested for users weighing up to 300 lbs
- Frequently inspect the chair for visible cracks and damages, tighten all screws, bolts, adjustable knobs and parts
- Do not use the chair if damaged or unstable immediately remove it from service
- This chair is equipped with casters intended for use on carpeted surfaces. Use of these casters on hard surfaces could result in unexpected rolling and tipping. Casters designed for use on hard surfaces are available. If in doubt, see your dealer for appropriate selection
- Do not stand on or use the chair as a step ladder
- Failure to follow these warnings could result in serious injury